

# PSHE CURRICULUM

## INTENT:

Through our planned PSHE curriculum, pupils will increase their awareness of themselves, their contributions, their rights, their impact on others and the diverse world in which they live. Pupils will develop a deep understanding of their emotions, how to effectively manage these and how to empathise with others. Pupils are motivated to make a positive contribution and to strive for personal success.

## IMPLEMENTATION:

- Our planned PSHE curriculum focuses on three main strands: relationships, health and wellbeing, and living in the wider world.
- These 3 components are visited year-on-year, developing in complexity and content.
- British values (Democracy, Rule of Law, Respect, Tolerance, Individual Liberty) underpin the planned curriculum.
- All pupils engage in a weekly PSHE lesson but the content and learning permeates their daily school experience.
- Pupils are encouraged to reflect deeply on topics covered, to share thoughts/ideas/feelings, to listen to those of others and to challenge thinking.
- They learn how to keep themselves safe in the real world and online, they recognise what they need to do to stay healthy
- and their aspirations are raised by planned curriculum content.
- Planned curriculum content is responsive to the world in which pupils live. For example there is a strong focus from Y1 upwards on financial security and the world of work.
- PSHE is also a key focus in whole-school assemblies and daily collective worship.

## IMPACT:

Children leave Sutton Park Primary with a secure knowledge of how to make and maintain positive relationships. They are also able to use skills learned during PSHE to look after their physical and mental health, understanding the importance of both. As pupils begin their KS3 journey, they are on their way to becoming respectful, responsible and active members of society. The skills they have learnt via our planned curriculum will support them in real-life situations and with their navigation through modern life.